

## **Sheri M. Kittelson, MD, FAAFP**

Associate Professor, Palliative Care  
Chief, Division of Palliative Care, Department of Medicine  
University of Florida  
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### **Education and Training**

- 8/1993 – 5/1999                      University of Colorado, Denver Colorado, Bachelor of Science  
Honors: Magna Cum Laude, High Honors
- 8/2001 – 12/2005                      University of Colorado School of Medicine, Denver Colorado, Medical Degree  
Honors: Family Medicine, Pediatrics, Surgery, Psychiatry, Human Behavior
- 7/2006 – 6/2009                      Family Medicine Residency, Department of Community Health and Family Medicine, University of Florida, Gainesville Florida  
Chief Resident
- 7/2015 – 6/2016                      Hospice and Palliative Medicine Fellowship, University of Colorado, Denver Colorado

### **Professional Education**

- 5/2008                                      Emory University School of Medicine, Chief Resident  
Leadership and Management Skills Seminar, Atlanta Georgia
- 1/2015 – 8/2016                      University of Florida, College of Medicine, Educational Scholarship Program, Completion of Educational Development Certificate Series, Gainesville Florida
- 3/2016                                      American Academy of Hospice and Palliative Medicine, Leadership Ignite Program, Chicago Illinois
- 5/2016                                      Center to Advanced Palliative Care, Leadership Development Curriculum, Self-Study Series

8/2017 Alliance for Academic Internal Medicine Executive Leadership Program, Cambridge Massachusetts

8/2018-3/2019 Collaborative Executive Talent Development Leadership Program UF Health, University of Florida, College of Medicine, Gainesville Florida

### **Certification and Licensure**

2007 - Present Licensure, Florida ME99747  
2009 - Present Board Certification, American Board of Family Medicine  
2017 - Present Board Certification, American Board of Internal Medicine  
Hospice and Palliative Medicine

### **Academic, Administrative, and Clinical Appointments**

7/2009 – 3/2018 Hospitalist, Assistant Professor, Division of Hospital Medicine  
Department of Community Health and Family Medicine (2009-2012)  
Department of Medicine (2013-2017)  
University of Florida, Gainesville Florida

1/2014 – 12/2016 Director of Palliative Care, Division of Hospital Medicine, Department of Medicine, College of Medicine  
Department of Community Health and Family Medicine (2009-2012)  
Courtesy Faculty: College of Nursing  
University of Florida, Gainesville Florida

1/2017 – Present Chief of the Division of Palliative Care, Associate Professor (8/18), Division of Palliative Care, Department of Medicine, College of Medicine, University of Florida, Gainesville Florida

### **Research Interests**

1999 Neurobiological Basis of Learning and Memory. University of Colorado. Undergraduate research that included an Honors Thesis and Honors Presentation. Mentor: Mary Coussons-Read, Ph.D. Professor of Psychology and Associate Vice Chancellor for Research

2005 First Trimester Fetal Ultrasound Markers for Aneuploidy. Research Assistant, University of Colorado, College of Medicine. Mentor: Lorraine Dugoff, MD, OB/Gyn. Chief, Division of Reproductive Genetics, Penn Medicine.

2015 – 2019 Palliative care education and development. Implementation of quality care indicators, advanced care planning with advanced technology.

2019- Present Cancer Population Science, Cancer Center, University of Florida. Aim is reducing cancer related burden by providing person and family centered care and population-based research to improve cancer prevention, treatment, symptom management, and palliative care. My personal area of interest is in high value care and quality indicators.

## **Grants**

### *Recent*

University of Florida, Office of the Provost  
Faculty Enhancement Opportunity, 8/2015 – 1/2016  
Role of Project: Peer Reviewed Professional Development  
Award: \$62,606

Cancer Center Educational and Wellness Series

Climb for Cancer FY18, FY19

PI: Estores, Barker

Role: Co-Investigator

Award: \$10,500 FY18, \$14,561 FY19, \$15,000 FY20

Description: UF Cancer Center aim is to increase access to palliative care and advance care planning. The goals for 2019 included improving safe pain management practices in line with the new Florida Drug Prescription Drug Monitoring Program. This educational activity aligns with institutional goals for National Cancer Institute (NCI) designation and serves as a community educational outreach program, offered as part of the UF Supportive Oncology program, for patients with a cancer diagnosis at any stage of disease. This is not a support group, but it aims to support patients and their families by providing an accessible and restful venue to obtain education, learn healthy living skills, identify resources in UF and the community, and strengthen social connections.

Role: Site Director, Co-Investigator, (5% effort)

Dignity Therapy RCT led by Nurses or Chaplains for Elderly Cancer Outpatients

Sponsor: National Institute of Health, National Cancer Institute

1R01CA200867-01 (MPI: Wilkie, Emanuel, Fitchett)

9/2017 - 2021

Total Award: \$3,917,265

Description: My role is Co-Investigator for a NCI R01 Grant on Dignity Therapy. The study aim is to improve care outcomes for elderly patients facing a cancer diagnosis. Dignity Therapy uses a chaplain led intervention to focus on dignity conversation tasks to build legacy such as settling relationships, sharing words of love, and preparing for separation by death, and improving both physical and spiritual distress.

Emergency-Department Initiated Palliative Care in Older Adults with Advanced Illness (EMPALLA)

Sponsor: Patient-Centered Outcomes Research Institute (PCORI)

PI: Grudzen

12/2017-12/2023

Total Award: \$12,243,682

Description: The purpose of the award is to determine the comparative effectiveness of an outpatient palliative care clinic intervention versus a telephonic intervention using a palliative care nurse among aging patients suffering from serious chronic illness.

Role: Site Co-Investigator (2.5% effort)

## Honors and Awards

1993	Gregor Mendal Award for Outstanding Achievement in Genetics
1999	Nell J. Fahrion Award for Excellence in Neurobiology
1999	Honors Thesis: The Neurological Basis of Learning and Memory
1999	Magna Cum Laude with Distinction
2009	Golden Apple Teaching Award Chief Resident
2009	Society of Teachers of Family Medicine Resident Teaching Award
2011	University of Florida, Patient Care and Safety Award, Direct Admissions Committee Physician Leader
2014	University of Florida, Patient Satisfaction, Customer Service Key Award
2014	Department of Medicine, Best Consult Service of the Year Award, Palliative Care
2015	Department of Medicine, Best Consult Service of the Year Award, Palliative Care
2015	Faculty Enhancement Opportunity Award, University of Florida
2016	American Medical Association, Physician Recognition Award for Dedication to Lifelong Learning
2018	Award: Certificate of Appreciation Award for Being an Outstanding Professional. Presenter and conference planner for Adult and Pediatric Palliative Care Conference, Awarded by Diane McDavid, MSN, Nursing Education
2019	Diploma/Certificate of Completion, Healthcare Ethics Committee Educational Citi Program series covering membership, theories, problem solving, principals, and consultation. (17 CE Elective Credits)
2019	Fellow of the American Academy of Family Physicians
2019	Center to Advance Palliative Care (CAPC) Designation Status Certificate-completion of comprehensive communication training.
2020	Physician Award, Certificate of Appreciation, In recognition of the contributions made to advancing the Equal Access Clinic Network mission to provide quality healthcare for all patients. (uninsured)
2020	Team Safety and Quality Award, UF Health Organ Procurement Quality Improvement Task Force, 2020.

## **Membership in Professional Society**

1997 – 1999	PSI CHI National Honor Society
2005 - Present	American Academy of Family Physicians
2009 - 2014	Society of Hospital Medicine
2014 - Present	American Academy of Hospice and Palliative Medicine
2014 – Present	Center for Advanced Palliative Care
2014 – 2017	American Medical Association
2016 – Present	Palliative Care Research Cooperative Group

## **Editorial Positions, Boards, and Peer-Review Service**

2017	Elsevier Publishing Palliative Care Expert Reviewer AACN Core Curriculum for High Acuity, Progressive, and Critical Care Nursing, 7th Edition. Editor Tonja M Hartjes
2016	Elsevier Publishing Palliative Care Expert Reviewer Palliative and End-of-Life Care, Core Curriculum for High Acuity Progressive and Critical Care Nursing, 7th edition
2017-Present	Palliative Care Consultant Cancer Population Sciences Pilot Program Grant funded, \$49,538 (direct cost award) UF Psychology Department: Dr. Bylund & Dr. Bluck RE: UFHCC Pilot Project Award – CPS Program Collaborative Team Grant Project Title: Analysis of Processes and Products of Dignity Therapy for Elderly Cancer Patients: A Feasibility Study
2018	Journal for Medical Internet Research Palliative Care Research Article Reviewer
2020	Title: Psychosocial Outcomes for Older Spousal Caregivers: The Role of Location of Death Organization: University of Florida, Gainesville, FL, USA. Investigators: Susan Bluck, PhD, Professor, Psychology, University of Florida (PI); Jacqueline Baron- Lee, PhD, Director of Quality Improvement, Interdisciplinary Clinical and Academic Program, UF Health (I); Ann Horgas RN, PhD, Associate Professor and Chair, Biobehavioral Nursing Science (I) Consultants: Sheri Kittleson, MD, Division Chief, Palliative Care, UF Health; Project Director: Emily Mroz, MS

## **Teaching**

*National/International*

*Regional*

Institute for Learning in Retirement: Hospital Medicine and Palliative Care, Road Scholar Institute Network, 2015, Gainesville Florida

Palliative Care, University of Florida Cancer Wellness Educational Series, January 2017, Gainesville Florida

*Courses*

University of Florida, College of Medicine, 3<sup>rd</sup> Year Clerkship Instructor, Course: (MDC 7124), Ambulatory Family Medicine, Palliative Care: End of Life and Communication, 2014-2015

University of Florida, College of Medicine, 4<sup>rd</sup> Year Clerkship Instructor (MDC7140 – 9747) Geriatric Clerkship  
2016-Present

University of Florida, College of Nursing, (NGR 7970L) Advanced Nursing Project. Faculty Instructor/Committee Member/Mentor to Doctorate of Nursing Students, 2014-Present

University of Colorado, College of Medicine, Course Instructor, 3<sup>rd</sup> Year Medical Students: Delivering Difficult News/Family Meetings and Goals of Care Conversations, December 2015

University of Colorado, College of Medicine, Leader of Weekly Morning Didactic Palliative Care Educational Sessions, Denver Health, 2015: Topics: TCA's, Zofran and the QTc, Bisphosphonates for Bone Pain, Pseudoaddiction, Capacity, PC Innovation through Technology, Opioid Risk Tool, July 2015 – December 2015

University of Florida, College of Medicine, 4<sup>th</sup> Year Surgical Skills Course, Hospice Communication Skills, March 2015

University of Florida, Process Improvement for Health Managers (HAS6385), Project Mentor/Chair QI Project Committee, 2017-Present  
Masters of Health Administration  
Role: QI Committee Chair  
Students 2017: Cardoso, Alexander; Blankenship, Brandon; Leone, Joel; Haviland, Sean; Xie; Sophie, Lee, Daniel  
Students 2018: Wolz, Abigail; Robins, Deborah; Hall, Ciera; Ahmadzadeh, Amin; Harrold, Ashley; Kohlbrand, Jillian; brown, Keandra  
Topic: Reducing Variation, Advance Directive Completion  
Students 2018:

Topic: Hospice in Place  
2017 – 2018

University of Florida, Geriatrics Rotation  
4<sup>th</sup> Year Medical Students  
Role: Lecturer/Group Facilitator “Death Café”  
Topic: Hospice and Palliative Care  
March, 2018

Quality Course, Fixing Healthcare Delivery (MDT 7200)  
Medical Student Elective  
Role: Course Instructor  
Topic: Quality Improvement  
2018-2019

Medicine Clerkship (MDC 7200)  
Role: Course Instructor, 4th Year Medical Students  
Topic: The Ethics of Dying  
2019-Present

Pain Medicine Multidisciplinary Pain Medicine Fellowship Faculty  
Role: Rotation Director  
Topic: Pain Fellowship  
2019-Present

Health Interns  
University of Florida Health Intern Undergraduate Program  
Topic: Palliative Care  
20180 Present

Masters Program  
Global Sustainable Development  
Role: Advisor and committee member Masters Defense  
Topic: Palliative Care Deathics  
2017-Present

*Institutional*

University of Florida, College of Medicine, Elective Resident and Fellow Rotation  
Palliative Care Rotation: Division Educational Director for interdisciplinary resident rotations (family medicine, medicine, surgery, critical care, pediatrics, neurology, geriatrics)  
2014 – Present, Gainesville Florida

University of Florida, College of Pharmacy, Pain and Palliative Care Pharmacy Fellow  
Palliative Care Rotation: Division Educational Director for pharmacy fellows  
2014 – Present, Gainesville Florida

University of Florida, College of Medicine, Physician Assistant  
Palliative Care Rotation: Division Educational Director for physician assistant students  
2014 - Present, Gainesville Florida

University of Florida, College of Nursing, Doctorate Nursing Students (NGR 7970L)  
Palliative Care Rotation: Division Educational Director for elective nursing graduate  
students  
2014 – Present, Gainesville Florida

University of Florida, College of Medicine, Department of Medicine, Internal Medicine  
Residency Program. High Value Health Care Educational Series.  
2017 - 2019

## **Invited Lectures**

12/2013	Hospitalist Business Meeting, Palliative Care Overview
1/2014	Quality Executive Committee Meeting, Palliative Care Overview
1/2014	Interdisciplinary Palliative Care Team Meeting, Palliative Care Overview
2/2014	Hematology/Oncology Faculty Meeting, Palliative Care Overview
2/2014	Ethics Council Meeting: Pitfalls in Communication That Lead to Non-beneficial Emergency Surgery in Elderly Patients With Serious Illness
3/2014	Emergency Room Operations Team Meeting, Palliative Care Overview
4/2014	Quality Palliative Care: Quality Grand Rounds
5/2104	Best Practice Palliative Care: Social Work Management
5/2014	Neurosurgery Palliative Care and Mortality
5/2014	Integrating Palliative Care Into Daily Practice; Palliative Care Resource Nurses
5/2014	Integrating Palliative Care Into Daily Practice: Shands Home Care Nurses
8/2104	Physician Directors of Quality: Palliative Care
9/2014	Cystic Fibrosis and Palliative Care: Cystic Fibrosis Pulmonary Group
10/2014	Quality and Palliative Care: Physician Directors of Quality
10/2014	Nephrology & Palliative Care: Nephrology Grand Rounds
10/2014	Surgery & Palliative Care: Surgery Grand Rounds
11/2014	Hospitalists & Palliative Care: Hospitalists Division of Medicine
12/2014	Oncology & Palliative Care and Oncology, Cancer Center Grand Rounds
12/2014	Medicine & Palliative Care: Department of Medicine, Grand Rounds
2/2014	Family Practice & Palliative Care: Community Health and Family Medicine, Grand Rounds
4/2015	ICU Quality Improvement Committee, Palliative Care and the Critical Care
4/2015	Neurosurgery & Palliative Care: Grand Rounds
5/2015	Oncology and Palliative Care, Fellow Educational Lunch Seminar, Veterans Hospital, Gainesville Florida
8/2015	Journal Club Presentation: Surgical Palliative Care, University of Colorado Educational Grand Rounds
8/2015	Journal Club Presentation: Surgical Palliative Care, Denver Health Interdisciplinary Palliative Care Champions Meeting



10/2015 Palliative Care: Cultural Assessment and Care, University of Colorado, Educational Didactic

3/2016 Cognitive Behavior Therapy in Palliative Care, University of Colorado, Educational Didactic

4/2016 Hospice Medicare Benefit, University of Colorado, Educational Didactic

9/2016 Primary Palliative Care, Palliative Care Grand Rounds:, University of Florida

9/2016 Palliative Care: Care and Communication Bundle, ICU Quality Improvement Committee, University of Florida

11/2016 Bridging the Gap; Palliative Care in Hematologic Malignancy Patients, University of Florida

12/2016 Palliative Care in Cardiology Grand Rounds, University of Florida

12/2016 Advance Care Planning in Hematologic Malignancies, University of Florida

12/2016 Efficiency, Effectiveness, and Patient Centeredness (EEPC) QI Committee Leader and Presenter to Steering Committee, University of Florida

1/2017 Bridging the Gap: Palliative Care Grand Rounds, Department of Medicine, 2017

1/2017 Morbidity and Mortality: Safe Pain Management in the End of Life Patient, Hospital Medicine, 2017

2/2017 Morbidity and Mortality: Safe Pain Management in the End of Life Patient, Internal Medicine Residents, 2017

2/2017 Care and Communication Bundle, Standardizing ICU Care, Surgery Quality Leaders, 2017

3/2017 Care and Communication Bundle, Standardizing ICU Care, Surgery Faculty Meeting, 2017

3/2017 Care and Communication Bundle, Standardizing ICU Care, Cardiac ICU Team Meeting, 2017

3/2017 Care and Communication Bundle, Standardizing ICU Care, Surgery ICU Team Meeting, 2017

4/2017 Pediatric Palliative Care, Pediatric Faculty Meeting, 2017

4/2017 End of Life Conversations, Department of Medicine Retreat, Gainesville Florida

8/2017 Dignity Therapy; Research in Supportive Oncology. Palliative Care Lunch and Learn

8/2017 Home Palliative Care, Social Work and Case Managers Meeting

8/2017 Palliative Care Clinical Pathways in Leukemia BMT patients, Grand Rounds BMT

10/2017 Bad News Doesn't Have To Be Blunt Trauma, Department of Medicine, Grand Rounds

10/2017 Care and Communication Bundle; Improving Quality in the ICU, Quality Leader's Committee

11/2017 High Value Care, Department of Medicine, Resident Educational Series

12/2017 Closing the Gap, Rheumatology Grand Rounds, Department of Medicine

12/2017 Compassionate Extubation, Palliative Care Grand Rounds, Lunch and Learn Series, Department of Medicine.

2/2018 Communication: Bad News Doesn't Have to be Blunt Trauma, Palliative

3/2018 Palliative Care Strategic Mission, Department of Medicine Executive Committee, Department of Medicine

3/2018 Hospice: Medicine Resident Lecture Series, Department of Medicine

3/2018 Palliative Care Quality Improvement, Care and Communication Bundle, ICU Quality Improvement Committee, College of Medicine

4/2018 Palliative Care Quality Improvement, Physician Leaders of Quality Committee, College of Medicine

4/2018 Hospice and Palliative Care, Chairman Leadership Committee, College of Medicine

4/2018 Palliative Care Quality Improvement Withdrawal of Artificial Support and Bereavement Services, ICU Quality Improvement Committee, College of Medicine

4/2018 Hospice and Palliative Care. Chairman Operations Committee, UF Health

5/2018 Withdrawal of Artificial Support, Palliative Care Lunch and Learn Grand Rounds, College of Medicine

5/2018 Withdrawal of Artificial Support, Hospice Service, ICU Quality Improvement Committee, UF Health.

6/2018 Pediatric Palliative Care, Chief and Faculty Meeting, College of Medicine

6/2018 Palliative Care in Neurology. Neurology Resident Educational Series, College of Medicine

9/2018 Advance Care Planning. Internal Medicine Resident Education, Department of Medicine, College of Medicine

9/2018 Palliative Care Quality Scorecard, Palliative Care Lunch and Learn, Department of Medicine, College of Medicine

10/2018 Advance Care Planning in Cancer Patients, Cancer Center, College of Medicine

11/2018 Palliative Care Overview, Internal Medicine Residents, College of Medicine

12/2018 Palliative Care Overview, Hospital Medicine Grand Rounds, College of Medicine

1/2019 Mortality, Physician Directors of Quality, College of Medicine

1/2019 QI Projects Withdrawal of Artificial Support Guidelines and Hospice In Place, ICU Quality Improvement Committee, College of Medicine

2/2019 Care and Communication Bundle, Social Work Grand Rounds, UF Health

2/2019 Palliative Care, Neurosurgery Grand Rounds, College of Medicine

3/2019 Advance Care Planning using the Electronic Health Record, Ethics Committee, College of Medicine

4/2019 Advance Care Planning using the Electronic Health Record, ICU Quality Improvement Committee, College of Medicine

4/2019 Palliative Care Scorecard, Measuring Quality in the Supportive Oncology Clinic, Palliative Care Grand Rounds, College of Medicine

6/2019 Communication, Breaking Bad News Doesn't Have to be Blunt Trauma, Neurology Grand Rounds, College of Medicine

9/2019 Pain Management, Oncology Fellows Educational Lecture Series, College of Medicine

10/2019 Communication, Breaking Bad News Doesn't Have to be Blunt Trauma, Hospital Medicine Grand Rounds, College of Medicine

- 10/2019 Palliative Care Overview, ICAP, Cancer Leadership Monthly Meeting, University of Florida, College of Medicine
- 10/2019 Palliative Care Overview, Adult Patient Family Advisory Council Meeting, University of Florida
- 11/2019 Palliative Care Overview, University of Florida Health Cancer Center Population Sciences Program, University of Florida
- 12/2019 Medical Student Education in Palliative Care, Palliative Care Lunch and Learn Grand Rounds, University of Florida
- 12/2019 Dignity Therapy Research Study, Malignant Hematology Division Meeting, University of Florida
- 12/2019 Communication in Palliative Care, Department of Medicine Executive Committee, University of Florida
- 12/2019 Supportive Oncology Quality Improvement, Medical Oncology Faculty Meeting, University of Florida
- 3/2020 Ethical Issues During Pandemics, Crisis Standards of Care, Ethics Committee, University of Florida, Gainesville Florida.
- 4/2020 Crisis Standards of Care, Review of Literature and Examples during COVID-19. Ethics/Palliative Care, University of Florida, Gainesville Florida.
- 4/2020 COVID-19: Supporting Ethical Care and Responding to Moral Distress in a Public Health Emergency. Ethics/Palliative Care, University of Florida, Gainesville Florida.
- 5/2020 COVID's impact on Palliative Care, Ethics, and the Larger University. University of Florida, Gainesville Florida.

## Poster Presentations

- 2015 Benitez E, Hartjes T, **Kittelson, SK**, Ventilator-weaning Protocol in the Cardiothoracic ICU, University of Florida College of Nursing Research Days, 2015
- 2015 Hill A, **Kittelson SK**, Hartjes T, Emergency Department Palliative Care Consultation: A Feasibility Study, University of Florida College of Nursing Research Days, 2015
- 2016 **Kittelson SK**, Read P, Youngwerth J. Palliative Care Scorecard, University of Colorado, 2016 Palliative Care Research Days, Colorado
- 2016 **Kittelson SK**, Read P, Youngwerth J. Palliative Care Scorecard, Center to Advanced Palliative Care (CAPC) National Conference, Florida
- 2016 **Kittelson SK**, Read P, Youngwerth J. Palliative Care Scorecard University of Florida, Department of Medicine, Celebration of Research, Florida
- 2016 Glover, TL, Horgas, AL, **Kittelson, SK**, Developing Palliative Care Competencies in Baccalaureate Nursing Students through an Experimental Immersion in a Palliative Care Service Project, 21st International Palliative Care Conference, Canada
- 2017 Turpening P, Glover TL, **Kittelson SM**, Garden C, Striving to Improve Primary Palliative Care; the Palliative Care Resource Nurse Survey.

- American Academy of Hospice and Palliative Medicine, Arizona, February 2017
- 2017 Silloway CJ, Glover TL, Coleman B, **Kittelerson S**. Filling the Void: Palliative Care and Community Hospice. A Collaborative Approach to Providing Bereavement Support to Grievors whose Loved One Died in the Hospital, American Academy of Hospice and Palliative Medicine, Arizona, February 2017
- 2017 Baron-Lee, **Kittelerson**, Inpatient Hospice in the NeuroICU: Process, Outcomes, and Opportunities, Neurocritical Care Society Meeting, Hawaii, October 2017
- 2018 Glover TA, Horgas AL, **Kittelerson SM**. A Complex Case of Dementia Caregiving at the End of Life: The Need for Advance Care Planning to Inform Treatment Decisions and Reduce Caregiver Burden, Annual Assembly of Hospice and Palliative Care Boston MA, March 2018
- 2018 Cristina Vuong, DNP1; Tonja Hartjes, DNP, ACNP-BC1; Lindsay McCullough, MD; **Sheri Kittelerson, MD**. Implementing Primary Palliative Care Best Practices in Critical Care with the Care and Communication Bundle. College of Nursing Research Days, University of Florida, Gainesville, Florida. April 2018.
- 2018 Cristina Vuong, DNP1; Tonja Hartjes, DNP, ACNP-BC1; Lindsay McCullough, MD; **Sheri Kittelerson, MD**. Implementing Primary Palliative Care Best Practices in Critical Care with the Care and Communication Bundle. Quality and Patient Safety Week, University of Florida, Gainesville, Florida. April 2018.
- 2018 Anne M. Meiring; Anthony Clarizio; **Sheri Kittelerson, M.D**, Who Will Speak For You? A Journey to Increase Open Communication and Documentation of Patients' Choices for Care. Quality and Patient Safety Week, University of Florida, Gainesville, Florida. April 2018.
- 2018 **Kittelerson, SM**, Barker, P., Lamonge, R., Jean, S., Smith, V., Greenlee, A., Emanuel, L., Handzo, G., Fitchett, G., Yao, Y., & Wilkie, D.J. (2018). Step 1 of a Stepped-wedge Design in a Six Site RCT of Dignity Therapy for Elderly Outpatient Palliative Care Patients with Cancer: Variability in Outcome Measures at Baseline. Poster presented at the 2018 University of Florida Cancer Center Research Day, October 30, 2018. Gainesville, FL
- 2018 **Kittelerson SM**, Cristina Vuong, DNP1; Tonja Hartjes, DNP, ACNP-BC1; Lindsay McCullough, MD. Implementing Primary Palliative Care Best Practices in Critical Care with the Care and Communication Bundle. Center to Advanced Palliative Care National Conference, University of Florida, Orlando, Florida. October 2018.
- 2018 Schoppee, T. M., Jean, S., Smith, V. M., Barker, P., Greenlee, A., Emanuel, L., Fitchett, G., Handzo, G., Chochinov, H., Yao, Y., Hauser, J., O'Mahony, S., Rabow, M., Delgado Guay, M., Quest, T., **Kittelerson, SK.**, & Wilkie, D. J. (2018). Co-variate Measures at Baseline in Step 1 of a Stepped-wedge Design in a Six Site RCT of Dignity Therapy for Outpatient Palliative Care Patients with Cancer. Poster presented at the 2018 University of Florida Cancer Center Research Day, October 30, 2018. Gainesville, FL.

- 2018 **Kittelson SK**, Vuong C, McCullough L, Hartjes T. Standardized Palliative Care Pathway in ICU's, Center to Advanced Palliative Care National Conference, November 2018
- 2019 **Kittelson SK**, Schoppee, Wilkie, Outpatient Palliative Care Baseline Outcome Measures in Step 1 of a Stepped-wedge Design, Dignity Therapy RCT, Department of Health Services Research, Management, and Policy 3<sup>rd</sup> Annual Gator Health Care Forum, Gainesville FL, January 2019
- 2019 Shoppee, T. M., Jean, S., Smith, V. M., Barker, P., Greenlee, A., Emanuel, L., Fitchett, G., Handzo, G., Chochinov, H., Yao, Y., Hauser, J., O'Mahony, S., Rabow, M., Delgado Guay, M., Quest, T., **Kittelson, SM**, & Wilkie, D. J. (2019). Baseline Outcome Measures for Outpatient Palliative Care Patients with Cancer in Step 1 of a Stepped-wedge Design in a Six Site RCT of Dignity Therapy. 2019 Southern Nursing Research Society (SNRS) 34th Annual Conference (February 27 – March 1), Orlando, Florida.
- 2019 Angela M, McKune S, **Kittelson SM**, Deathics: Ethical Death and Dying in Psychosocial and Spiritual Palliative Care, Argentina. Center for Latin American Studies Field Work Festival, Masters of Sustainable Development Conference, March 2019
- 2019 Glover TL, Bluck S, Horgas AL, Turpening P, **Kittelson SM**, Preparing Nurses to Provide Primary Palliative Care: Outcomes of an Innovative Experiential Learning Project, 30th International Nursing Research Congress (Sigma Theta Tau), Alberta Canada, July 2019
- 2019 Lee S, Gelber C, **Kittelson SM**, The Calm After the Storm, the Role of Palliative Care in Supporting Patients and Families in the Aftermath of the Second Most Deadly Influenza Season on Record, Annual Assembly of the American Academy of Hospice and Palliative Care, Orlando Florida, March 2019
- 2019 **Kittelson SM**, Vuong CL, Hartjes TH, Implementation of Standardized Palliative Care Clinical Pathway in the ICU, Institute for Health Improvement Patient Safety Conference, Houston TX, May 2019
- 2019 Starr K, Hartjes T, **Kittelson SM**. Evaluation of the Care and Communication Bundle and the Interdisciplinary Family Meeting in the Neurologic ICU. Nursing Research Summit and Malasanos Lectureship. Gainesville FL, April 2019
- 2019 Smith VM, Jean S, Barker P, **Kittelson SM**, Schoppee TM, Greenlee A, Scarton L, Emanuel L, Fitchett G, Handzo G, Chochinov H, Yao Y, Wilkie D. The Early Implementation of a Spiritual Intervention with Outpatients Receiving Palliative Care for Cancer Nursing Research Summit and Malasanos Lectureship. Gainesville FL, April 2019
- 2019 Gonzalez, J, Jaber, J, Barker PC, Markham, MJ, **Kittelson, SM**. Palliative Care Scorecard: A Quality Improvement Tool for the Outpatient Setting. Celebration of Research, Department of Medicine, University of Florida. October 2019, Gainesville, FL.

**Formal Mentorship, Available Upon Request**

## **Committee, Organizational, and Volunteer Service**

### *National:*

- 2/2018 – Present      Committee Member, Special Interest Group (SIG) Palliative Care Division Chiefs, American Academy of Hospice and Palliative Medicine (AAHPM)
- 2/2020 – Present      Research Organizational Lead and Committee Member Special Interest Group (SIG) Digital Health, Palliative Care Research Cooperation Group (PCRC)
- 6/2018 - Present      EPIC Electronic Health Record, Palliative Care National Specialty Steering Board, Elected by the board to serve on the national committee for a two year term with a role of serving in the capacity of national expert to inform development of EPIC related to palliative care.

### *University of Colorado*

- 7/2015 – 6/2016      Committee Member, Palliative Care Champions, University of Colorado

### *University of Florida*

- 1/2011 – 6/2012      Committee Member/Physician Leader, Direct Admit Committee Speaker
- 7/2013 - Present      Committee Member/Physician Leader, Advance Directive
- 1/2014 – Present      Committee Member, Heart Failure Medical Review Board
- 7/2014 – Present      Committee Member, Ethics
- 6/2014 – Present      Co-Chair, Inpatient Hospice, Quality Improvement Project
- 1/2015 – 12/2018      Committee Member, Neuro-medicine Interdisciplinary Clinical and Academic Program, Integrating Palliative Care in the Neuro Intensive Care Unit
- 1/2016 – Present      Committee Member, Academic Center of Excellence for Palliative Care Research & Education
- 7/2016 – 3/2018      Chair, Efficiency, Effectiveness, Patient Centeredness (EEPC) Palliative Care Quality Improvement Project
- 7/2016 – 1/2018      Co-Chair, BMT: Programmatic Palliative Care Improvement Project
- 3/2017 – Present      Committee Member, DOM Executive Committee governing body for policy making and leadership
- 3/2017- 2019      Committee Member, Pediatrics Palliative Care Committee for ICU palliative care champion education and quality improvement
- 7/2016 - Present      Committee Member, Pain Committee
- 7/2016 - Present      Executive Committee Member, Commission on Cancer
- 1/2018 - 12/2018      Credentialing Committee, Committee Member
- 3/2018 – Present      ICU Quality Improvement Committee, Committee Member

- 1/2019 - Present Life Quest Organ Recovery Services Task Force, Committee Member
- 3/2019-7/2019 Raising Hope at Work is the annual employee giving campaign to support the shared goals of UF Health, Committee Member and Ambassador
- 8/2019-Present Cancer Center Population Science Program, Committee Member

*Volunteer Service*

- 2001 Medical Student Volunteer, La Clinica Tepayak, Indigent Health Care. Denver Colorado
- 2002 Salud Program. Medical Student Volunteer/Spanish Immersion working in: hospitals, orphanages, hospices, AIDS clinics, school for working children, public health organizations dealing with indigent families. Guatemala
- 2005 Mentor, Colorado Rural Health Scholars Program for rural high school students to learn about health professions, Denver Colorado
- 2008 Physician Presenter, "Middle School Survival, Normal Teen Development" Oak View Middle School in Newberry, FL
- 2009 Volunteer Physician, Special Olympic Health Screenings at the Sidney Lanier School, Gainesville, FL
- 2009 Volunteer Physician, University of Florida, Athletic Association Foot Ball Game Day, Fan Attendee First Aid Station Physician
- 2014 Volunteer Speaker, Community Health and Empowerment Summit for Minority
- 2010 – 2016 Member/Volunteer: Alachua County Schools; JJ Finley Elementary School PTA
- 2008 – Present Physician Volunteer, Precentor. Equal Access Clinic serving the indigent and homeless

**Seminars and Extramural Invited Presentations**

*Regional Speaker:*

- 8/2014 Palliative Care Communication: University of Florida Regional Palliative Care Conference, Gainesville Florida
- 9/2014 Community Health Exposition for Minority regarding Palliative Care, Gainesville, Florida
- 2/2015 End of Life Nursing Consortium Regional Speaker, Symptom Management, Gainesville Florida
- 11/2015 Clinical Case Presentation. Capacity or incapacity, that is the question, University of Colorado Palliative Care Grand Rounds
- 2/2016 The Costs of Waiting: Implications of the Timing of Palliative Care, University of Colorado, Palliative Care Grand Rounds Journal Club Presentation
- 5/2016 Ethics of Withholding or Withdrawing Feeding in a Newborn, University of Colorado, Clinical Case Presentation

- 9/2016 Making the End Count-Conference Facilitator, University of Florida Palliative Care Regional Conference
- 5/2016 Palliative Care, State of the Science, University of Florida Palliative Care Regional Conference
- 4/2016 Cancer Connections Regional Speaker HOPE Lodge, Palliative Care and Oncology, Gainesville Florida
- 3/2016 State of the Science, Palliative Care Conference for Nursing, Gainesville Florida
- 4/2016 National Health Care Decision Day, Advance Care Planning, Gainesville Community Senior Center, Gainesville Florida
- 4/2016 Palliative Care State of the Science, Gainesville Chapter Meeting of the American Academy of Professional Coders, Gainesville Florida
- 1/2018 Palliative Care, Cancer Center Wellness and Educational Series. University of Florida, Gainesville Florida
- 2/2018 Palliative Care State of the Science, Gainesville Chapter Meeting of the American Academy of Professional Coders, Gainesville Florida
- 3/2018 Palliative Care, State of The Science, Oak Hammock, Institute for Learning in Retirement, Gainesville Florida
- 3/2018 Regional Palliative Care Conference, Communication “Delivering Bad News Doesn’t Have to be Blunt Trauma”, Gainesville Florida
- 4/2019 Aging Well and Planning Ahead. Community Coalition for Older Adults, Gainesville Florida
- 1/2020 Palliative Care and Advance Care Planning, Who will Speak For You. UF Health Initiative, Senior Center lecture series. Gainesville Florida

*National Speaker:*

- 4/2015 National Webinar: Host Byock, Ira, Kittelson, Sheri. Engaging in Advance Care Decisions, How to Turn Difficult Conversation into Clinical Opportunities, April 2015 EMMI Solutions
- 4/2017 Spirituality in Health Care, Health Journalism 2017, Association of Health Care Journalists, Center for Excellence in Health Care Journalism, Orlando Florida
- 5/2019 Implementation of Standardized Palliative Care Clinical Pathway in the ICU. Patient Safety Conference, Institute for Healthcare Improvement, May 2019, Houston Texas

**Interviews, Internet appearances, Panel Discussions, Media Events, Featured Articles**

- 2015 Brenberg, Barry Public Relations Manager. UF Health, Partners Care in Spotlight, Palliative Care Team, Hospice of Citrus and the Nature Coast
- 2015 MacDonald, Ilene, Editor’s Letter. Advance directives and end-of-life care: The conversation no one wants to have, Fierce Healthcare



- 2015 Press Releases: Emmi Solutions Participates in National Healthcare Decisions Day to Raise Awareness about Advance Directives, Helping Providers Turn Difficult Conversations into Clinical Opportunities
- 2015 Maguire, Phyllis, Executive Editor, Want to boost your number of advance directives? Today's Hospitalist
- 2016 Sherburne, Morgan, UF Health Communications, Palliative Care Story, Believe in a Cure
- 2016 Felton, Sue, University of Colorado, The University of Colorado Champion Project for Palliative Care
- 2017 Medaris-Miller, Anna, Spirituality in Health Care: Seek and Ye Shall Find US News and World Report, Aug 8, 2017
- 2018 Anne Meiring, Anthony Clarizio and Sheri Kittelson, Don't wait to make end-of-life plans. Gainesville Sun, April 1, 2018.
- 2019 Live Better Die Well, University of Florida, [www.livebetterdiowell.com/](http://www.livebetterdiowell.com/) Journalism Capstone Project, August 2019
- 2020 Kittelson, Sheri, Meiring, Anne, Who Will Speak For You? Gainesville Sun, April 2020. <https://www.gainesville.com/opinion/20200401/sheri-kittelson-and-anne-meiring-who-will-speak-for-you>

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### *Peer Reviewed Journal Publications*

1. Bachman JJ, Day S (Kittelson SM), Newman JH. Altitude Induced Hypertension in Bi-landers. High Altitude Medicine & Biology, 2004;5(3):380-1. PMID: 15454004
2. Kittelson SM, Elie MC, Pennypacker L. Palliative Care Symptom Management. Critical Care Nursing Clinics of North America, Clinics Review Articles, 2015 Sep;27(3):315-39. PMID: 26333754
3. Kittelson, SM, Youngwerth, J. The Untaught Lesson, How Do Doctors Die? Annals of Family Medicine, 2015 Nov/Dec,13(6):587-588. *Invited Commentary*. PMID: 26553899
4. Kittelson SM, Pierce R, Youngwerth J. Palliative Care Scorecard. J Palliat Med, Vol 20(517-27) 2017 Jan. PMID: 28080183

5. Turpening PT, Glover T, **Kittelson SM**, Garvin C. Striving to Improve Primary Palliative Care: The Palliative Care Resource Nurse Survey Abstract. *Journal of Pain and Symptom Management*, Vol 53 (30), No 2, Feb 2017
6. Hartjes TM, Baron-Lee J, Hester JM, **Kittelson SM**, Improving Care at the End of Life: Creating Hospice in Place. *In Our Unit: Critical Care Nurse*, Vol 37(93-96) 2017 Apr
7. Glover TL, Horgas AL, Castleman J, Turpening P, **Kittelson SM**, An Experiential Learning Approach to Primary Palliative Care Nursing Education. *The Comfort Shawl. JHPN*. Vol 19, 1-5, Dec 2017. PMID 29206069
8. **Kittelson SM**, Heineke J, Carlos WG, My Cup Runneth Over, *Journal of Palliative Medicine*, Nov 2017. PMID 29112464
9. Glover TL, Turpening P, Garvan C, **Kittelson SM**. The Palliative Care Resource Nurses Pilot Survey: A Descriptive Report of Their Primary Palliative Care Role and Educational Needs. *Journal of Palliative Medicine*, Feb 2018, PMID: 29206069
10. Silloway C, Coleman B, Hartjes, **Kittelson SM**, Filling the Void: Hospital Palliative Care and Community Hospice: A Collaborative Approach to Providing Hospital Bereavement Support. *Journal of Social Work in End-of-Life & Palliative Care*. Aug 2018. PMID 30111251
11. **Kittelson SM**, Scarton L, Barker P, Hauser J, O'Mahony S, Rabow M, Delgado Guay M, Quest TE, Emanuel L, Fitchett G, Handzo G, Yao Y, Chochinov HM, Wilkie D. Dignity Therapy Led by Nurses or Chaplains for Elderly Cancer Palliative Care Outpatients: Protocol for a Randomized Controlled Trial. *JMIR Res Protoc* 2019 Apr 17;8(4):e12213. doi: 10.2196/12213. PMID: 30994466
12. Vuong C, **Kittelson SM**, McCullough L, et al. Implementing primary palliative care best practices in critical care with the Care and Communication Bundle. *BMJ Open Quality*. 2019 Sep 6;8(3):e000513. doi: 10.1136/bmjopen-2018-000513. PMID: 31544163
13. Machado DS, Hollander SA, Murray J, Philip J, Bleiweis M, **Kittelson SM**, Ventricular Assist Device Deactivation in Children: Preparedness Planning and Procedural Checklist. *J Heart Lung Transplant*. 2019 Oct;38(10):1116-1118. doi: 10.1016/j.healun.2019.06.013. PMID 31301967
14. **Kittelson SM**, Barker P, Markham MJ. The Bucket List. *J Palliat Med*. 2020 Mar;23(3):306-307. doi: 10.1089/jpm.2019.0516. PMID: 32105554
15. Gonzalez J, Jaber J, Barker, PC, Markham MJ, **Kittelson, SM**. Palliative Care Scorecard: An Update for the Outpatient Setting. *J Palliat Med*. 2020 Mar;23(3):306-307. PMID: 32105557

16. Yadav S, Heller I, Schaefer N, Salloum RG, **Kittelson SM**, Wilkie DJ, Hou J. The health care cost of palliative care for cancer patients: a systematic review. Support Care Cancer (2020). <https://doi.org/10.1007/s00520-020-05512-y>. PMID: pending

#### *Non-Peer Reviewed Journal Publications*

1. **Kittelson S**, Glover T, Elie C. Risk Rx, Palliative Care: A Specialty That Has Come Into Its Own, Published by the Florida Board of Governors Self-Insurance Programs, Vol. 12, No. 3, July-Sep 2015.
2. **Kittelson S**, Flynn T. Dying with Dignity: *Who Will Speak For You, the Importance of Advance Directives?* House Calls, Published by the Alachua County Medical Society, Winter 2015.
3. **Kittelson S**, Flynn T. Advance Directives. Forum 8, Eighth Judicial Bar Association, Inc. Volume 27, Number 7, March 2015, Page 12.
4. **Kittelson SM**, Meiring A. Sheri Kittelson and Anne Meiring: Who will speak for you? Gainesville Sun Opinion Piece, April 2020, e-publication

#### *Book Chapters Publications*

1. Mills, JN, **Dey SM (Kittelson SM)**, Meacham R. Reproductive Endocrinology and Infertility, Evaluation and Treatment of Male Infertility. In: The Requisites in Obstetrics and Gynecology, R Alvero, D Schlaff, editors. 169-183. Elsevier, Denver CO 2006

#### *Abstracts*

1. McAdoo S, **Kittelson SM**, Lipshultz LI. Jumping 22q11.21 Translocation: Clinical Consequences and Counseling in an Oligospermic but Otherwise Healthy Adult Male. Fertility and Sterility, September 2005,(84), Supplement 1, Page S126
2. **Kittelson SM**, Youngwerth J, Abbott J, Care Giver Capacity or Incapacity; that is the Question, AAHPM Case Abstract, March 2016
3. Turpening PT, Glover T, **Kittelson SM**, Garvin C. Striving to Improve Primary Palliative Care: The Palliative Care Resource Nurse Survey Abstract. Journal of Pain and Symptom Management, Vol 53 (30), No 2, Feb 2017
4. Horgas A, **Kittelson SM**, Glover T, A Complex Case of Dementia Caregiving at the End of Life: The Need for Advance Care Planning to Inform Treatment Decisions and Reduce Caregiver Burden, AAHPM National Conference, March 2018
5. Anne M. Meiring; Anthony Clarizio; **Sheri Kittelson, M.D**, Who Will Speak For You? A Journey to Increase Open Communication and Documentation of

- Patients' Choices for Care. Quality and Patient Safety Week, University of Florida, Gainesville, Florida. April 2018
6. **Kittelson, Sheri UF**, Barker, Paige UF, Lamonge, Ralph UF, Jean, Stacy UF, Smith, Valandrea UF, Greenlee, Amelia UF, Emanuel, Linda Northwestern University, Handzo, George HealthCare Chaplaincy Network, Fitchett, George Rush University, Yao, Yingwei UF, & Wilkie, Diana J. UF. Step 1 of a Stepped-wedge Design in a Six Site RCT of Dignity Therapy for Elderly Outpatient Palliative Care Patients with Cancer: Variability in Outcome Measures at Baseline. UF Health Cancer Center Research Days, University of Florida, Gainesville, Florida. October 2018
  7. Schoppee, T. M., Jean, S., Smith, V. M., Barker, P., Greenlee, A., Emanuel, L., Fitchett, G., Handzo, G., Chochinov, H., Yao, Y., Hauser, J., O'Mahony, S., Rabow, M., Delgado Guay, M., Quest, T., **Kittelson, S.**, & Wilkie, D.J. Co-variate Measures at Baseline in Step 1 of a Stepped-wedge Design in a Six Site RCT of Dignity Therapy for Outpatient Palliative Care Patients with Cancer. UF Health Cancer Center Research Days, University of Florida, Gainesville, Florida. October 2018
  8. **Kittelson SK**, Vuong C, McCullough L, Hartjes T. Standardized Palliative Care Pathway in ICU's, Center to Advanced Palliative Care National Conference, November 2018
  9. Glover TL, Bluck S, Horgas AL, Turpening P, **Kittelson SK**, Preparing Nurses to Provide Primary Palliative Care: Outcomes of an Innovative Experimental Learning Project, 30th International Nursing Research Congress (Sigma Theta Tau), Alberta Canada, July 2019
  10. Lee S, Gelber C, **Kittelson SK**, The Calm After the Storm, the Role of Palliative Care in Supporting Patients and Families in the Aftermath of the Second Most Deadly Influenza Season on Record, Annual Assembly of the American Academy of Hospice and Palliative Care, Orlando Florida, March 2019
  11. Smith, V. M., Jean, S., Barker, P., **Kittelson, S.**, Schoppee, T. M., Greenlee, A., Scarton, L., Emanuel, L., Fitchett, G., Handzo, G., Chochinov, H., Yao, Y., & Wilkie, D. J. (2019). The Early Implementation of a Spiritual Intervention with Outpatients receiving Palliative Care for Cancer. Poster session presented at the 2019 University of Florida Nursing Research Summit and Malasanos Lectureship, Gainesville, FL. April 12, 2019
  12. **Kittelson SK**, Vuong CL, Hartjes TH, Implementation of Standardized Palliative Care Clinical Pathway in the ICU, Institute for Health Improvement Patient Safety Conference, Houston TX, May 2019
  13. Smith, V. M., Jean, S., Barker, P., **Kittelson, S.**, Schoppee, T. M., Greenlee, A., Scarton, L., Emanuel, L., Fitchett, G., Handzo, G., Chochinov, H., Yao, Y., & Wilkie, D. J. (2019). The Early Implementation of a Spiritual Intervention with Outpatients receiving Palliative Care for Cancer. Poster session presented at the 2019 University of Florida Institute on Aging Day, Gainesville, FL. June 18, 2019.
  14. Jacobs K, Hong YR, Bian J, **Kittelson SM**, Wilkie D, Huo JH. Racial and Geographic Variation in Knowledge of Palliative Care Among American Adults. 12th AACR Conference on The Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved. San Francisco, CA. September 2019

15. Gonzalez, J, Jaber, J, Barker PC, Markham, MJ, **Kittelson, SM**. Palliative Care Scorecard: A Quality Improvement Tool for the Outpatient Setting. Celebration of Research, Department of Medicine, University of Florida. Gainesville, FL. October 2019