Raising Hope at Work Café
UF Health Heart & Vascular and Neuromedicine Hospitals

**Monday, March 05, 2018**
- **soup:** chicken noodle soup
  - corn chowder
- **whole+sum:**
  - crispy panko ranch chicken
  - cilantro rice with carrots and peas
  - grilled corn

**Tuesday, March 06, 2018**
- **soup:** Italian wedding soup
  - baked stuffed potato soup
- **whole+sum:**
  - shrimp scampi with creamy polenta and asparagus power bowl

**Wednesday, March 07, 2018**
- **soup:** clam chowder
  - southwest tortilla
- **whole+sum:**
  - turkey and pork bolognaise
  - spaghetti
  - broccoli

**Thursday, March 08, 2018**
- **soup:** chicken noodle
  - lobster corn bisque
- **whole+sum:**
  - beef bourguignon
  - roasted red potatoes
  - fresh green bean almandine

**Friday, March 09, 2018**
- **soup:** broccoli cheddar
  - chicken florentine
- **whole+sum:**
  - spiced rubbed tilapia with mint
  - lemon rice pilaf
  - cucumber tomato parsley salad

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**Nutritional Information**

* Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs:

<table>
<thead>
<tr>
<th>Nutrition</th>
<th>2,000</th>
<th>2,500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>2,000</td>
<td>2,500</td>
</tr>
<tr>
<td>Total Fat</td>
<td>Less than 65g</td>
<td>Less than 80g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>Less than 20g</td>
<td>Less than 25g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>Less than 300mg</td>
<td>Less than 300mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>Less than 2,400mg</td>
<td>Less than 2,400mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>300g</td>
<td>375g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>25g</td>
<td>30g</td>
</tr>
</tbody>
</table>

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**Contact Information**
peter daniell | Peter.Daniell@shands.ufl.edu
561.573.1530 | hours lunch 11am - 2pm

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**