

Cancer Support and Wellness Series

Program supported by a grant from the Climb for Cancer Foundation.



Nicholas Sollom, M.Div., B.C.C.

Rev. Nicholas Sollom, M.Div., B.C.C., is a nationally board-certified chaplain and ordained pastor with the Evangelical Lutheran Church in America, or ELCA. He works at Yale New Haven Hospital as the oncology chaplain for Smilow Cancer Hospital. Sollom is trained in palliative care and specializes in caring for patients with a cancer diagnosis and those at the end of their lives. In addition to caring for patients, families and staff, he participates in training medical students, residents and fellows on a variety of topics related to cancer, end-of-life and spirituality. He attended the University of Washington, where he studied creative writing, and also attended the General Theological Seminary in New York City, where he received a Master of Divinity degree. He has cared for patients at the Veterans Affairs New York Harbor Healthcare System and Bellevue Hospital in New York City. He is currently collaborating with physicians at Yale to research the link between spiritual care and pain.

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Using Spirituality to Maintain Balance in Your Life

Wednesday, November 18, 2020

1:30 to 2:30 p.m.

Free class series

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During this one-hour workshop, we will focus on defining and exploring the meaning of spirituality and how people throughout the centuries have expressed their spirituality in different ways.

Participants will have the opportunity to describe what spirituality means to them and what beliefs, philosophies and practices are important to them. The discussion will help participants explore how spirituality and spiritual practices can help them work toward a place of contentment and balance.

This educational class is offered to cancer patients, family members and the community to promote health and quality of life. Classes are free and now hosted online.

This month, the Cancer Educational Wellness Series presentation will be available ONLINE ONLY.
Visit UFHealth.org/cancer-educational-wellness-series for more information and to join the class via Zoom.



Integrative Medicine • Palliative Care

For more information, please contact Chris Morgan at 352.273.5769 or email at christopher.morgan@medicine.ufl.edu.