**Raising Hope at Work Café**  
UF Health Heart & Vascular and Neuromedicine Hospitals

### Monday, May 21, 2018

- **Soup:** chicken noodle soup  
  - corn chowder

- **Whole+Sum:**  
  - seafood and cannellini marinara  
  - penne pasta  
  - spinach with mushrooms

### Tuesday, May 22, 2018

- **Soup:** Italian wedding soup  
  - baked stuffed potato soup

- **Whole+Sum:**  
  - crispy chicken  
  - farro butternut squash salad and cranberries power bowl

### Wednesday, May 23, 2018

- **Soup:** clam chowder  
  - southwest tortilla

- **Whole+Sum:**  
  - eggplant parmesan  
  - herbed quinoa  
  - roasted whole mushrooms

### Thursday, May 24, 2018

- **Soup:** chicken noodle soup  
  - lobster corn bisque

- **Whole+Sum:**  
  - home-style beef stew  
  - mashed parsnips  
  - fresh green beans

### Friday, May 25, 2018

- **Soup:** broccoli cheddar soup  
  - chicken florentine

- **Whole+Sum:**  
  - pesto tilapia  
  - lemon dill rice  
  - broccoli with sundried tomatoes

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**Menu**

- **Weekly Menu:**

<table>
<thead>
<tr>
<th>Calories</th>
<th>2,000</th>
<th>2,500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Fat</td>
<td>Less than 65g</td>
<td>Less than 80g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>Less than 20g</td>
<td>Less than 25g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>Less than 300mg</td>
<td>Less than 300mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>Less than 2,400mg</td>
<td>Less than 2,400mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>300g</td>
<td>375g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>25g</td>
<td>30g</td>
</tr>
</tbody>
</table>

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

MENU SUBJECT TO CHANGE WITHOUT NOTICE